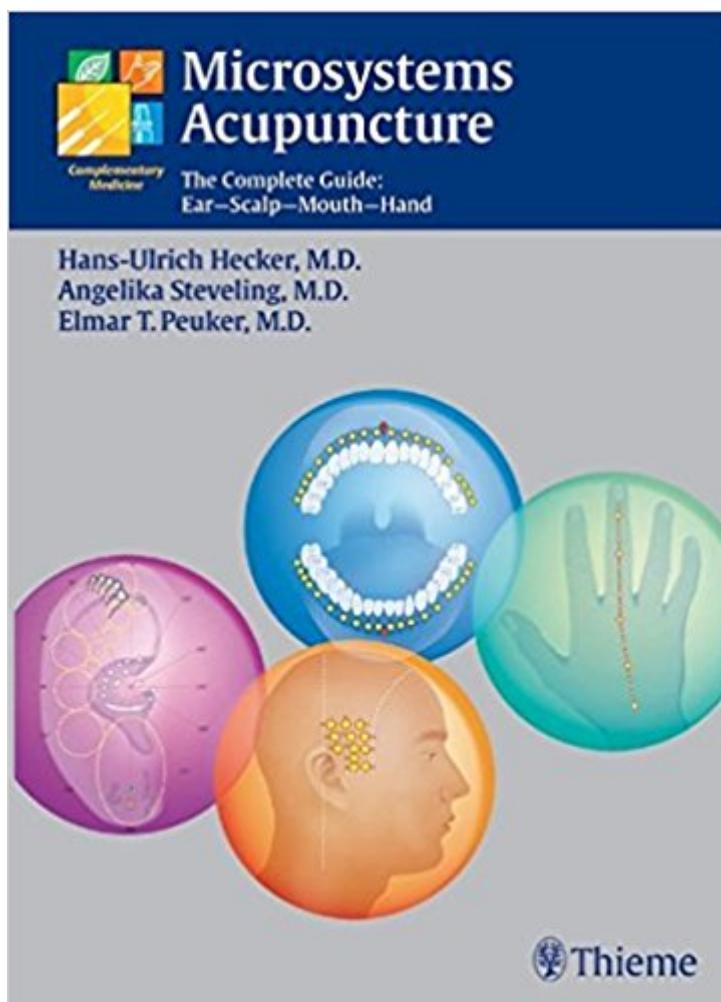


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Microsystems Acupuncture: The Complete Guide: Ear-Scalp-Mouth-Hand



Synopsis

In the last fifty years, microsystem acupuncture has emerged as a safe and effective therapeutic option for a wide range of conditions, from cardiovascular and neurological disorders to obesity and nicotine dependence. Its worldwide acceptance is largely due to the ability of microsystem acupuncture to provide access for treatment, even in the event of extreme local sensitivity to pain. This book is a comprehensive overview of ear, scalp, mouth, and hand acupuncture to help you understand the relationships between these microsystems and the body. Integrating new and established methods, the book covers such topics as Yamamoto New Scalp Acupuncture, Korean hand acupuncture, and laser acupuncture with concise text and more than 350 photographs to allow for instant localization of all zones and points. The range of techniques addressed makes this one-of-a-kind work ideal for busy students and practitioners looking for an overview of some of the most rapidly growing and innovative advances in acupuncture and complementary medicine.

Book Information

Hardcover: 352 pages

Publisher: TPS; 1 edition (February 1, 2006)

Language: English

ISBN-10: 3131291117

ISBN-13: 978-3131291110

Product Dimensions: 1 x 7.8 x 11 inches

Shipping Weight: 2.8 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #906,257 in Books (See Top 100 in Books) #60 in Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Acupuncture #504 in Books > Books > Health, Fitness & Dieting > Alternative Medicine > Acupuncture & Acupressure #65116 in Books > Books > Medical Books

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This is a very solidly designed, broadly based work on the major microsystems of acupuncture prepared by 3 European MDs who have integrative medicine backgrounds featuring acupuncture as well as other disciplines. The majority of the book (two-thirds) is devoted to the principles, history and application of auricular acupuncture -- providing details on the origin/system to which the point belongs (Nogier's, Bahr's, Chinese), highly detailed localization information including mostly color photos and zoomed closeups of the human ear. These preserve depth clues and the 3-dimensional nature of the points better than the 2 most common alternative products. These are: Auriculotherapy Manual: Chinese and Western Systems of Ear Acupuncture by Terry Oleson, Ph.D. and Ear Acupuncture: A Precise Pocket Atlas by Beatte Strittmatter, M.D. The didactic information regarding the logic of point selection and application to treatment of representative major illnesses is helpful, including the extensive highlighted detail on addiction and disorders of locomotion. There are also guides for using the projection of lines between more easily recognized landmarks and common points to locate the most obscure ones. Neither this text nor the one by Terry Oleson attempt to discriminate points most suited for using gold versus silver needles -- that is a strategy featured in other schools and detailed in Strittmatter's atlas. The book serves primarily as a comprehensive coverage of the auricular system. However the last 100 pages is divided between the most common alternative microsystems and provides substantial detail; enough to serve as a solid reference and atlas for summarizing these, but most likely insufficient for beginners learning the remaining systems. Nonetheless, just like for the ear there are very well-designed and labelled color photos of the human body to assist in accurate point location. Included are: a. Yamamoto's New Scalp Acupuncture b. Chinese Scalp Acupuncture c. Oral Acupuncture (presumably most useful to dentists and oral surgeons) d. Korean Hand Acupuncture e. Chinese Hand Acupuncture f. The New Point-Based Pain and Organ Therapy (NPPOT) The section on laser therapy is very limited -- better specialized texts on this would be needed for anyone seriously interested. There is no mention of the Wrist-Ankle Acupuncture system, though it has apparently been known to some degree in Europe and is included in Shen: Psycho-Emotional Aspects of Chinese Medicine

This book is a must have for any acupuncture student. The illustrations are excellent. The book goes over auricular acupuncture, both French and Chinese systems; scalp acupuncture, and Korean hand acupuncture.

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